



*Based on the 'WHO Hand Hygiene in Outpatient and Home-based Care and Long-term Care Facilities' posters, URL: http://apps.who.int/iris/bitstream/10665/78060/1/9789241503372_eng.pdf?ua=1
© World Health Organization 2015. All rights reserved.



1	BEFORE TOUCHING A PATIENT	WHEN? Clean your hands before touching a patient. WHY? To protect the patient against harmful germs carried on your hands.
2	BEFORE CLEAN / ASPETIC PROCEDURE	WHEN? Clean your hands immediately before performing a clean / aseptic procedure. WHY? To protect the patient against harmful germs, including the patient's own, from entering his / her body.
3	AFTER BODY FLUID EXPOSURE RISK	WHEN? Clean your hands immediately after a procedure involving exposure risk to body fluids (and after glove removal). WHY? To protect yourself and the environment from harmful patient germs.
4	AFTER TOUCHING A PATIENT	WHEN? Clean your hands after touching the patient at the end of the encounter or when the encounter is interrupted. WHY? To protect yourself and the environment from harmful patient germs.
5	AFTER TOUCHING PATIENT SURROUNDINGS	WHEN? Clean your hands after touching any object or furniture in the patient surroundings when a specific zone is temporarily and exclusively dedicated to a patient – even if the patient has not been touched. WHY? To protect yourself and the environment from harmful patient germs.

YOUR 5 MOMENTS FOR HAND HYGIENE

Dental Care